



Retaining  
Employment  
and Talent After  
Injury/Illness  
Network

# FIVE TIPS FOR GETTING YOUR PATIENTS BACK TO WORK

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**1. Communicate.** Help patients understand when and how to safely return to work.

**2. Establish a timeline.** Set realistic expectations for recovery.

**3. Identify what the patient *can* do.** Employers are more likely to find suitable work when they focus on capabilities rather than restrictions.

**4. Use work as an extension of treatment.** For some patients, suitable work may help maintain physical conditioning.

**5. Refer patients to RETAIN,** a return-to-work services research study.

## RETAIN PROVIDES\* YOUR PATIENTS:

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- Free return-to-work and stay-at-work case management
- Job function analysis
- Evaluation of social and health determinants
- Resource referrals
- Assistive technology evaluations
- Job counseling
- Peer mentorship

*\*Services offered vary by case.*

**LEARN MORE.**  
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